

Susanna's Coaching Report for Faringdon Tennis Club in 2014

Adult Coaching:

There are 5 adult doubles coaching sessions which take place during term time only, throughout the year:

Tuesdays	9.30 – 11.00	Experienced
Wednesdays	9.30 – 11.00	Beginners/Intermediate
Thursdays	9.30 – 11.00	Experienced
Fridays	10.30–12.00	Beginners/Intermediate
Fridays	1-2.30pm	Ladies Beginners

The coaching sessions cater for all levels of players. They consist of half an hour of drills followed by competitive games, putting the drills into practice. The coaching sessions introduce new members to the club and also provide an income for the club as non members pay £20 per year to cover their insurance to attend coaching sessions only. Many club members also attend the Tue/Thurs sessions as the standard is high.

Ladies Match Practice: Mondays 7-8.30pm

Although this is not coaching, I thought I will mention it here as this is another session which caters for a lot of the ladies who attend coaching sessions during the week.

The majority of ladies from the Tues/Thurs sessions make up the Ladies C team and several of the A and B team ladies also attend the sessions, which is great as it lifts the level and encourages the C team ladies to improve. This winter, with the new club and the floodlights, we are having a match practice night. A and B team play one week and the alternate week the C team. This is due to there only being enough space for 8 players, so there are too many ladies to have A, B and C on the same night. However if the A/B team have space they will call up from the C team.

Girls Groups for 11 years + :

In addition to the adult coaching, I have 2 girls groups as follows.

Tuesday 4-5	Intermediate girls, aged 11-14yrs
Tuesday 5-6	Experienced girls, aged 14-17 yrs

With the floodlights I will now be able to continue with these groups all year. Louisa Shaw, the strongest of the girls will also attend the Ladies C team Match practice and competes for the C team and I would like to encourage the other girls to do this as they improve.

These girl's groups are a continuation of Alan's girls group on a Monday which caters for Junior school girls.

Boys Groups for 11 years +

I am delighted that Matt has now taken over the boys groups that I ran last year and he holds 4 sessions total, 2 sets of back to back hours, on a Wed and Thurs evening which are popular.

Rusty Rackets Sunday 7-8.30pm

Alan will no doubt mention this in his coaching report but I will mention it here too as it is for adults and caters for those who work full time and cannot make any of the mid-week sessions.

The Future at the New Club

Having played up at the new club a couple of times now, it is a lovely environment. The trim trail passes right next to the courts and there are lots of joggers and dog walkers going past and I would anticipate that we will certainly have a number of new members joining who will be very welcome and who will have quite a choice of tennis sessions to attend.

I would like to take this opportunity to thank Sjoerd and Alan in particular for all that they have done and are still doing to enable us to enjoy this exciting new facility.

Susanna Hunt

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